

GET FIT 5K



Sponsored by PEK
and the Adair County
Family YMCA



When: April 2nd at 10:00 a.m.

Where: Adair County Family YMCA

Cost: \$12 (includes t-shirt)

*Proceeds benefit the YMCA

**Race Day Check-In/Last minute registration
starts at 9:00 a.m. YMCA**

Extra Registration Forms can be found at:
pek.truman.edu

Get Fit 5k Registration Form – Saturday April 2nd 10:00am

Name _____ Address _____
Email _____ Phone _____ Gender : M or F
Age on Race Day _____ T-shirt size: S M L XL XXL

Entry Fee: \$12 pre-registration (Make checks payable to: Phi Epsilon Kappa)

Return Form and Entry Fee to Health and Exercise Science Division Office

Or Mail to:

Truman HES Department

ATTN: PEK Get Fit 5k

100 E. Normal Kirksville, Mo 63501

The undersigned hereby releases and holds harmless Truman State University staff and students, Phi Epsilon Kappa and any of its members, Adair County Family YMCA and any officers, employees or agents thereof including without limitations the Adair County Family YMCA, from any and all claims liabilities, or demands whatsoever arising out of the enrollment or participation in any program by the participant herein.

Signature of Responsible Party

Date

*Race day packets include map of course, number, and t-shirt